

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_

1. Fill in the blank to find what kind of superfood Amazing Damia is.
2. B R \_ Z \_ L N \_ T
3. \_ LU\_B\_ \_ R\_
4. B\_N A\_ \_
5. M A C \_ \_ A M \_ A N \_ T
6. What is Amazing Damia’s most powerful vitamin?
7. Vitamin B6
8. Magnesium
9. Folate
10. Thiamin
11. Unscramble to discover Amazing Damia’s third most powerful vitamin.
12. Vmintia B6
13. Caiinn
14. Gamenese
15. Vitamtni E
16. Rewrite to uncover Amazing Damia’s second most powerful vitamin.

Hint: It’s written backwards!

1. Nivalfobir
2. Cianin
3. 6B Nimativ
4. Vitamin B
5. What is Amazing Damia’s third most powerful mineral?
6. Magnesium
7. Selenium
8. Manganese
9. Potassium
10. Unscramble to uncover Amazing Damia’s second most powerful mineral.
11. Spotsaium
12. Namnagese
13. Miunesgam
14. Poperc
15. Rewrite to discover Amazing Damia’s most powerful mineral.

Hint: It’s written backwards!

1. Reppoc
2. Muissatop
3. Esenagnam
4. Nimaiht
5. Amazing Damia is on the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ team.
6. Fruit
7. Nut
8. Grain
9. Legume
10. What does Amazing Damia’s superpower help with?
    1. Cholesterol
    2. Coughing
    3. Blood Pressure
    4. Allergies
11. What is the serving size on Amazing Damia’s trading card?
12. ¼ Ounce
13. 1 Cup, Whole
14. 1 Ounce
15. ½ Cup
16. If you had half of Amazing Damia’s size, how many calories would you have?
17. 44.5
18. 101.5
19. 104
20. 399
21. Fill in the blank to discover what continent The Herb is from.
22. E \_ R \_ \_ E
23. \_F \_ I\_ A
24. \_ O \_ T\_ A \_ \_R I \_ A
25. A U \_ T \_ \_ L I \_

1. Solve the math equation in order to find Amazing Damia’s correct energy.
2. 42 x 2
3. 180 + 5
4. 60 - 15
5. 300 – 100 + 3

14. Which altered state does Tradeskool suggest to maximize Amazing Damia’s flavor?

1. Lentil Soup
2. Coarsely Chopped and Sprinkled over Granola
3. Mixed into Fruit Salad
4. Macadamia Nut Cookies
5. What is the main body part used in Amazing Damia’s special move?
6. Legs
7. Abs
8. Arms
9. Shoulders