

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_

1. Fill in the blank to find what kind of superfood Brash is.
2. B R \_ Z \_ L N \_ T
3. \_ LU\_B\_ \_ R\_
4. B\_N A\_ \_
5. O\_ I \_ O \_
6. What is Brash’s most powerful vitamin?
7. Vitamin K
8. Magnesium
9. Folate
10. Thiamin
11. Unscramble to discover Brash’s third most powerful vitamin.
12. Vminta C
13. Lofate
14. Gamenese
15. Vitamtni E
16. Rewrite to uncover Brash’s second most powerful vitamin.

Hint: It’s written backwards!

1. Nivalfobir
2. E Nimativ
3. Etalof
4. Vitamin B
5. What is Brash’s third most powerful mineral?
6. Magnesium
7. Copper
8. Vitamin C
9. Potassium
10. Unscramble to uncover Brash’s second most powerful mineral.
11. Spotsaium
12. Namnagese
13. Miunesgam
14. Poperc
15. Rewrite to discover Brash’s most powerful mineral.

Hint: It’s written backwards!

1. Reppoc
2. Muissatop
3. Esenagnam
4. Muineles
5. Brash is on the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ team.
6. Fruit
7. Seed
8. Nut
9. Legume
10. What does Brash’s superpower help with?
    1. Cholesterol
    2. Asthma
    3. Blood Pressure
    4. Allergies
11. What is the serving size on Brash’s trading card?
12. ¼ Ounce
13. 1 Cup, Whole
14. 6 Kernels
15. ½ Cup
16. If you had half of Brash’s size, how many calories would you have?
17. 44.5
18. 92.5
19. 104
20. 399
21. Fill in the blank to discover what continent The Herb is from.
22. E \_ R \_ \_ E
23. \_F \_ I\_ A
24. \_ O \_ T\_ A \_ \_R I \_ A
25. \_ O \_T\_ A \_ \_R I \_ A

1. Solve the math equation in order to find Brash’s correct energy.
2. 42 x 2
3. 180 + 5
4. 60 - 15
5. 145.2 Rounded to the Nearest Whole Number

14. Which altered state does Tradeskool suggest to maximize Brash’s flavor?

1. Squeezed in Water
2. Coarsely Chopped and Sprinkled over Granola
3. Mixed into Fruit Salad
4. Guacamole
5. What is the main body part used in Brash’s special move?
6. Legs
7. Abs
8. Full Body
9. Shoulders