

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_

1. Fill in the blank to find what kind of superfood Fergiam is.
2. \_ U R \_ E R \_ C
3. R \_ S E M \_ \_ Y
4. \_ R O \_ C \_ L I
5. B L \_ \_ K B\_AN
6. What is Fergiam’s second most powerful vitamin?
7. Thiamin
8. Folate
9. Vitamin K
10. Manganese
11. What vitamin has less power than the Fergiam’s second most powerful vitamin?
12. Vitamin C
13. Folate
14. Vitamin K
15. Riboflavin
16. Rewrite to uncover Fergiam’s most powerful vitamin.

Hint: It’s written backwards!

1. Nivalfobir
2. 6B Nimativ
3. K Nimativ
4. Etalof
5. What is Fergiam’s second most powerful mineral?
6. Potassium
7. Magnesium
8. Manganese
9. Calcium
10. Which Mineral is more powerful than Fergiam’s second most powerful mineral?
11. Phosphorus
12. Potassium
13. Copper
14. Manganese
15. Rewrite to discover Fergiam’s third most powerful mineral.

Hint: It’s written backwards!

1. Reppoc
2. Esenagnam
3. Nori
4. Surohpsohp
5. Fergiam is on the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ team.
6. Seed
7. Fruit
8. Herb
9. Legume
10. What does Fergiam’s superpower help with?
    1. Blood Sugar
    2. Bone Health
    3. Swelling
    4. Pain
11. What is the serving size on Fergiam’s trading card?
12. 2 Beans
13. 1 Tsp., Ground
14. 1 Cup, Cooked
15. ¼ Ounce
16. If you had double Fergiam’s size, how many calories would you have?
17. 454
18. 14
19. 150
20. 227
21. Fill in the blank to discover what continent Fergiam is from.
22. \_M\_R \_ I \_ A
23. E \_R\_ \_ E
24. A \_ I \_
25. \_ O \_T\_ A \_ \_R I \_ A
26. Solve the math equation in order to find Fergiam’s correct energy.
27. 15 + 2
28. 66 ÷ 6
29. 227.4 Rounded to the Nearest Whole Number
30. 225 x 1

14. Which altered state does Tradeskool suggest to maximize Fergiam’s flavor?

1. Marrakesh Vegetable Curry
2. Tossed in a Fruit Salad
3. Sprinkled over Wedged Baked Potatoes
4. Mixed with Quinoa and Salsa
5. What is the main body part used in Fergiam’s special move?
6. Back
7. Abs
8. Arms
9. Legs