

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_

1. Fill in the blank to find what kind of superfood Laiyer is.
2. K A \_ \_
3. O \_N I \_ N
4. \_ A R \_ I C
5. \_ E E K \_
6. What is Laiyer’s second most powerful vitamin?
7. Thiamin
8. Folate
9. Vitamin B6
10. Riboflavin
11. What vitamin has less power than the Laiyer’s second most powerful vitamin?
12. Vitamin B6
13. Folate
14. Manganese
15. Thaimin
16. Unscramble to uncover Laiyer’s most powerful vitamin.
17. Niamiht
18. K minativ
19. Etoalf
20. C Nitamiv
21. What is Laiyer’s second most powerful mineral?
22. Selenium
23. Iron
24. Copper
25. Potassium
26. Which Mineral is more powerful than Laiyer’s second most powerful mineral?
27. Magnesium
28. Phosphorus
29. Manganese
30. Potassium
31. Rewrite to discover Laiyer’s third most powerful mineral.

Hint: It’s written backwards!

1. Reppoc
2. Nori
3. Surohpsohp
4. Muissatop
5. Laiyer is on the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ team.
6. Herb
7. Vegetable
8. Legume
9. Seed
10. What does Laiyer’s superpower help with?
    1. Bones
    2. Migraines
    3. Blood
    4. Immunity
11. What is the serving size on Laiyer’s trading card?
12. ½ Leaf
13. 1 Onion
14. 2 Cups, Chopped
15. 1 Cup, Chopped
16. If you had half Laiyer’s size, how many calories would you have?
17. 27
18. 60
19. 30
20. 50
21. Fill in the blank to discover what continent Laiyer is from.
22. E \_R\_ \_ E
23. \_M\_R \_ I \_ A
24. \_ O \_T\_ A \_ \_R I \_ A
25. A S \_ \_
26. Solve the math equation in order to find Laiyer’s correct energy.
27. 60 x 1
28. 108 ÷ 2
29. 100 + 9
30. 23 x 4

14. Which altered state does Tradeskool suggest to maximize Laiyer’s flavor?

1. On top of Pasta
2. Added to Vegetable Soup
3. Salted Edamame
4. Add to Spiced Cake Mix
5. What is the main body part used in Laiyer’s special move?
6. Legs
7. Full Body
8. Shoulders
9. Back