

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_

1. Fill in the blank to find what kind of superfood Wrash is.
2. R A \_ \_SH
3. P \_ R S \_ E Y
4. \_ I G
5. \_ E E K \_
6. What is Wrash’s second most powerful vitamin?
7. Vitamin A
8. Folate
9. Vitamin B6
10. Riboflavin
11. What vitamin has less power than the Wrash’s second most powerful vitamin?
12. Vitamin B6
13. Folate
14. Vitamin C
15. Thaimin
16. Unscramble to uncover Wrash’s most powerful vitamin.
17. C Nitmaiv
18. Niamiht
19. Satopium
20. K minativ
21. What is Wrash’s second most powerful mineral?
22. Selenium
23. Potassium
24. Iron
25. Manganese
26. Which Mineral is more powerful than Wrash’s second most powerful mineral?
27. Magnesium
28. Phosphorus
29. Calcium
30. Potassium
31. Rewrite to discover Wrash’s third most powerful mineral.

Hint: It’s written backwards!

1. Reppoc
2. Muiclac
3. Muissatop
4. Esenagnam
5. Wrash is on the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ team.
6. Fruit
7. Vegetable
8. Herb
9. Seed
10. What does Wrash’s superpower help with?
	1. Digestion
	2. Migraines
	3. Blood
	4. Nerve Stimulation
11. What is the serving size on Wrash’s trading card?
12. ½ Leaf
13. 1 Radish
14. 2 Cups, Chopped
15. 10 Sprigs
16. If you had half Wrash’s size, how many calories would you have?
17. 4
18. .5
19. 1
20. 2
21. Fill in the blank to discover what continent Wrash is from.
22. E \_R\_ \_ E
23. \_M\_R \_ I \_ A
24. \_ O \_ T\_ A \_ \_R I \_ A
25. A \_ \_ A

1. Solve the math equation in order to find Wrash’s correct energy.
2. 1 x 1
3. 8 ÷ 2
4. 10 + 9
5. 3 x 4

 14. Which altered state does Tradeskool suggest to maximize Wrash’s flavor?

1. Tabbouleh Salad
2. Stir-Fried With Seasonal Vegetables
3. Salted Edamame
4. Add to Spiced Cake Mix
5. What is the main body part used in Wrash’s special move?
6. Legs
7. Shoulders
8. Back
9. Abs