

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_

1. Fill in the blank to find what kind of superfood Bell Ringer is.
2. \_ S P \_ \_G\_ S
3. L \_ M O \_
4. \_ E \_ L P \_ P \_E R
5. B \_ E \_
6. What is Bell Ringer’s second most powerful vitamin?
7. Magnesium
8. Folate
9. Vitamin B6
10. Manganese
11. What vitamin has less power than the Bell Ringer’s second most powerful vitamin?
12. Vitamin K
13. Folate
14. Manganese
15. Thiamin
16. Rewrite to uncover Bell Ringer’s most powerful vitamin.

Hint: It’s written backwards!

1. Nivalfobir
2. C Nimativ
3. K Nimativ
4. Etalof
5. What is Bell Ringer’s second most powerful mineral?
6. Potassium
7. Iron
8. Manganese
9. Calcium
10. Which Mineral is more powerful than Bell Ringer’s second most powerful mineral?
11. Magnesium
12. Potassium
13. Copper
14. Manganese
15. Rewrite to discover Bell Ringer’s third most powerful mineral.

Hint: It’s written backwards!

1. Reppoc
2. Esenagnam
3. Muisengam
4. Muissatop
5. Bell Ringer is on the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ team.
6. Herb
7. Fruit
8. Legume
9. Vegetable
10. What does Bell Ringer’s superpower help with?
	1. The Heart
	2. Bone Health
	3. Swelling
	4. Cataracts
11. What is the serving size on Bell Ringer’s trading card?
12. 2 Ounces
13. 1 Pepper
14. 1 Cup, Cubed
15. ½ a Pepper
16. If you had double Bell Ringer’s size, how many calories would you have?
17. 66
18. 33
19. 15
20. 27
21. Fill in the blank to discover what continent Bell Ringer is from.
22. \_M\_R \_ I \_ A
23. E \_R\_ \_ E
24. A \_ I \_, \_F R I\_ A
25. \_ O \_ T\_ A \_ \_R I \_ A
26. Solve the math equation in order to find Bell Ringer’s correct energy.
27. 70 - 3
28. 66 ÷ 2
29. 2 + 23
30. 5 x 7

 14. Which altered state does Tradeskool suggest to maximize Bell Ringer’s flavor?

1. Roasted with Salt and Pepper
2. Cubed and topped With Fresh Lime Juice
3. Stuffed with Rice Salad
4. Juiced with Apple, Lemon and Ginger
5. What is the main body part used in Bell Ringer’s special move?
6. Legs
7. Abs
8. Arms
9. Shoulders