

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_

1. Fill in the blank to find what kind of superfood Flackjacket is.
2. G \_ A P E
3. C H \_ A S \_ E D
4. F \_ \_ X S E \_ D
5. W \_ L N \_ T
6. What is Flackjacket’s second most powerful vitamin?
7. Magnesium
8. Folate
9. Vitamin B6
10. Manganese
11. What vitamin has less power than the Flackjacket’s second most powerful vitamin?
12. Vitamin B6
13. Folate
14. Pantothenic Acid
15. Thiamin
16. Rewrite to uncover Flackjacket’s most powerful vitamin.

Hint: It’s written backwards!

1. Nimaiht
2. 6B Nimativ
3. Nicain
4. Etalof
5. What is Flackjacket’s second most powerful mineral?
6. Copper
7. Magnesium
8. Manganese
9. Calcium
10. Which Mineral is more powerful than Flackjacket’s second most powerful mineral?
11. Phosphorus
12. Manganese
13. Copper
14. Calcium
15. Rewrite to discover Flackjacket’s third most powerful mineral.

Hint: It’s written backwards!

1. Reppoc
2. Surohpsohp
3. Muisengam
4. Muissatop
5. Flackjacket is on the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ team.
6. Herb
7. Seed
8. Nut
9. Vegetable
10. What does Flackjacket’s superpower help with?
    1. Weight Loss
    2. Pain
    3. Digestion
    4. Heart Disease
11. What is the serving size on Flackjacket’s trading card?
12. 14 Kernals
13. 1 Ounce
14. ½ Cup, Chopped
15. 1 Tbsb., Whole
16. If you had double Flackjacket’s size, how many calories would you have?
17. 174
18. 110
19. 145.4
20. 29
21. Fill in the blank to discover what continent Flackjacket is from.
22. \_M\_R \_ I \_ A
23. E \_R\_ \_ E
24. A \_ I A
25. \_ O \_ T\_ A \_ \_R I \_ A
26. Solve the math equation in order to find Flackjacket’s correct energy.
27. 137 + 1
28. 50 ÷ 5
29. 100 - 10
30. 5 x 10 + 5

14. Which altered state does Tradeskool suggest to maximize Flackjacket’s flavor?

1. Sprinkled on Top of Vegetables
2. French Toast
3. Added to Your Favorite Smoothie
4. Homemade Trail Mix
5. What is the main body part used in Flackjacket’s special move?
6. Legs
7. Abs
8. Arms
9. Full Body