

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_

1. Fill in the blank to find what kind of superfood Lady Pepita is.
2. G \_ A P E
3. P U \_ P K \_ N S \_ E D
4. H E \_ P S E \_ D
5. D \_ N D I L \_ \_ N
6. What is Lady Pepita’s second most powerful vitamin?
7. Magnesium
8. Folate
9. Riboflavin
10. Manganese
11. What vitamin has less power than the Lady Pepita’s second most powerful vitamin?
12. Vitamin A
13. Riboflavin
14. Pantothenic Acid
15. Folate
16. Rewrite to uncover Lady Pepita’s most powerful vitamin.

Hint: It’s written backwards!

1. Nimaiht
2. K Nimativ
3. Nicain
4. Etalof
5. What is Lady Pepita’s second most powerful mineral?
6. Copper
7. Magnesium
8. Zinc
9. Calcium
10. Which Mineral is more powerful than Lady Pepita’s second most powerful mineral?
11. Iron
12. Potassium
13. Copper
14. Manganese
15. Rewrite to discover Lady Pepita’s third most powerful mineral.

Hint: It’s written backwards!

1. Reppoc
2. Surohpsohp
3. Muisengam
4. Muissatop
5. Lady Pepita is on the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ team.
6. Fruit
7. Herb
8. Seed
9. Vegetable
10. What does Lady Pepita’s superpower help with?
    1. Weight Loss
    2. Prostate
    3. Memory
    4. Heart Disease
11. What is the serving size on Lady Pepita’s trading card?
12. 142 Seeds
13. 1 Cup
14. ½ Cup, Chopped
15. 1 Tbsp., Whole
16. If you had half Lady Pepita’s size, how many calories would you have?
17. 81
18. 76.5
19. 142.5
20. 100.4
21. Fill in the blank to discover what continent Lady Pepita is from.
22. \_M\_R \_ I \_ A
23. E \_R\_ \_ E
24. A \_ I A
25. \_ O \_ T\_ A \_ \_R I \_ A
26. Solve the math equation in order to find Lady Pepita’s correct energy.
27. 212 + 73
28. 50 ÷ 5
29. 100 - 10
30. 81 x 2

14. Which altered state does Tradeskool suggest to maximize Lady Pepita’s flavor?

1. Sautéed with Carrot and Broccoli Served over Quinoa
2. Hemp Hummus Pita Pocket
3. Added to Your Favorite Smoothie
4. Homemade Trail Mix
5. What is the main body part used in Lady Pepita’s special move?
6. Legs
7. Abs
8. Arms
9. Back