

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_

1. Fill in the blank to find what kind of superfood Mister Osq is.
2. \_O R N
3. O \_ T S
4. M \_ L L \_T
5. F \_ G
6. What is Mister Osq’s second most powerful vitamin?
7. Thamin
8. Pantothenic Acid
9. Folate
10. Manganese
11. What vitamin has less power than the Mister Osq’s second most powerful vitamin?
12. Niacin
13. Pantothenic Acid
14. Vitamin B6
15. Thiamin
16. Rewrite to uncover Mister Osq’s most powerful vitamin.

Hint: It’s written backwards!

1. Nimaiht
2. 6B Nimativ
3. Nicain
4. Etalof
5. What is Mister Osq’s second most powerful mineral?
6. Copper
7. Magnesium
8. Zinc
9. Phosphorus
10. Which Mineral is more powerful than Mister Osq’s second most powerful mineral?
11. Phosphorus
12. Manganese
13. Magnesium
14. Copper
15. Rewrite to discover Mister Osq’s third most powerful mineral.

Hint: It’s written backwards!

1. Reppoc
2. Muisengam
3. Muissatop
4. Esenagnam
5. Mister Osq is on the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ team.
6. Fruit
7. Herb
8. Seed
9. Grain
10. What does Mister Osq’s superpower help with?
	1. Blood Flow
	2. Diabetes
	3. Heart Disease
	4. Cholesterol
11. What is the serving size on Mister Osq’s trading card?
12. 1 Leaf
13. 1 Ounce
14. ½ Cup, Chopped
15. 1 Cup, Raw
16. If you had double Mister Osq’s size, how many calories would you have?
17. 65
18. 106
19. 218
20. 104
21. Fill in the blank to discover what continent Mister Osq is from.
22. \_M\_R \_ I \_ A
23. E \_R\_ P E
24. A \_ R I \_ A
25. N O \_ \_ H A M \_ \_ I C A
26. Solve the math equation in order to find Mister Osq’s correct energy.
27. 112 - 6
28. 164 ÷ 2
29. 114 +1
30. 10 x 10 + 9

 14. Which altered state does Tradeskool suggest to maximize Mister Osq’s flavor?

1. Cooked with Fruit and Nuts
2. Blueberry Millet Muffins
3. Crepes Topped with Fruit
4. Topped with Sliced Banana
5. What is the main body part used in Mister Osq’s special move?
6. Legs
7. Abs
8. Arms
9. Back