

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_

1. Fill in the blank to find what kind of superfood Mound is.
2. \_ L M O N \_
3. R \_ S E M \_ \_ Y
4. P E \_
5. S \_ Y B E \_ \_ S
6. What is Mound’s second most powerful vitamin?
7. Riboflavin
8. Folate
9. Niacin
10. Panothenic Acid
11. What vitamin has less power than the Mound’s second most powerful vitamin?
12. Vitamin C
13. Folate
14. Niacin
15. Riboflavin
16. Rewrite to uncover Mound’s most powerful vitamin.

Hint: It’s written backwards!

1. Nivalfobir
2. E Nimativ
3. C Nimativ
4. Etalof
5. What is Mound’s second most powerful mineral?
6. Potassium
7. Magnesium
8. Phosphorus
9. Calcium
10. Which Mineral is more powerful than Mound’s second most powerful mineral?
11. Phosphorus
12. Potassium
13. Copper
14. Manganese
15. Rewrite to discover Mound’s third most powerful mineral.

Hint: It’s written backwards!

1. Esenagnam
2. ENivalfobir
3. Surohpsohp
4. Reppoc
5. Mound is on the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ team.
6. Nut
7. Fruit
8. Grain
9. Seed
10. What does Mound’s superpower help with?
	1. Cholesterol
	2. Heart Disease
	3. Swelling
	4. Pain
11. What is the serving size on Mound’s trading card?
12. 22 Kernels
13. 1 Tsp., Ground
14. 1 Cup, Cooked
15. ¼ Ounce
16. If you had half of Mound’s size, how many calories would you have?
17. 84.5
18. 117
19. 134.5
20. 127
21. Fill in the blank to discover what continents Mound is from.
22. \_M\_R \_ I \_ A
23. E \_R\_ \_ E
24. A S \_ A, A \_ R \_ C A
25. A U S \_ \_ \_ L I \_
26. Solve the math equation in order to find Mound’s correct energy.
27. 8.5 + 10.5
28. 158 ÷ 2
29. 220 - 9
30. 168.9 Rounded to the Nearest Whole Number

 14. Which altered state does Tradeskool suggest to maximize Mound’s flavor?

1. Sautéed with Mushrooms and Served Over Brown Rice
2. Lentil Soup
3. Almond Butter
4. Diced with Kiwi or A Fruit Salad
5. What is the main body part used in Mound’s special move?
6. Back
7. Abs
8. Full Body
9. Legs