

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_

1. Fill in the blank to find what kind of superfood Shyrazi is.
2. \_A L \_
3. \_R A \_ \_
4. L E \_ \_ S
5. F \_ G
6. What is Shyrazi’s third most powerful vitamin?
7. Vitamin K
8. Niacin
9. Thiamin
10. Vitamin C
11. Unscramble to discover Shyrazi’s most powerful vitamin.
12. Lofate
13. Viminta K
14. Gamenese
15. Vitamtni C
16. Rewrite to uncover Shyrazi’s second most powerful vitamin.

Hint: It’s written backwards!

1. C Minavit
2. 6B Nimativ
3. Nimaiht
4. Folate
5. What is Shyrazi’s third most powerful mineral?
6. Magnesium
7. Copper
8. Vitamin C
9. Potassium
10. Unscramble to uncover Shyrazi’s second most powerful mineral.
11. Esemenge
12. Coperp
13. Toalfe
14. Topmiussa
15. Rewrite to discover Shyrazi’s most powerful mineral.

Hint: It’s written backwards!

1. Reppoc
2. Muisengam
3. Esenagnam
4. Etalof
5. Shyrazi is on the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ team.
6. Herb
7. Seed
8. Fruit
9. Vegetable
10. What does Shyrazi’s superpower help with?
	1. Blood Pressure
	2. Varicose Veins
	3. Kidney
	4. Inflammation
11. What is the serving size on Shyrazi’s trading card?
12. 3 Grapes
13. 1 Cup, Whole
14. 6 Cups
15. ¼ a Grape
16. If you had half of Shyrazi’s size, how many calories would you have?
17. 52
18. 23.5
19. 58
20. 104
21. Fill in the blank to discover what continent(s) Shyrazi is from.
22. \_ U R \_ \_ E
23. \_F \_ I\_ A
24. A \_ \_ A
25. \_ O \_ T\_ A \_ \_R I \_ A
26. Solve the math equation in order to find Shyrazi’s correct energy.
27. 90 - 3
28. 4 x 10 + 2
29. 100 + 5
30. 208 ÷ 2

 14. Which altered state does Tradeskool suggest to maximize Shyrazi’s flavor?

1. Added to Tacos
2. Frozen
3. Jammed and Spread on Toast
4. Covered in Chocolate
5. What is the main body part used in Shyrazi’s special move?
6. Full Body
7. Abs
8. Arms
9. Shoulders