

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_

1. Fill in the blank to find what kind of superfood Squintz is.
2. \_ E M \_ N
3. \_R A \_ \_
4. L E \_ \_ S
5. \_ I W \_
6. What is Squintz’s third most powerful vitamin?
7. Vitamin K
8. Vitamin B6
9. Folate
10. Thiamin
11. Unscramble to discover Squintz’s most powerful vitamin.
12. Lofate
13. Viminta C
14. Gamenese
15. Vitamtni C
16. Rewrite to uncover Squintz’s second most powerful vitamin.

Hint: It’s written backwards!

1. C Minavit
2. C Nimativ
3. Nimaiht
4. Feloat
5. What is Squintz’s third most powerful mineral?
6. Magnesium
7. Copper
8. Vitamin C
9. Iron
10. Unscramble to uncover Squintz’s second most powerful mineral.
11. Ciumlac
12. Coperp
13. Toalfe
14. Topmiussa
15. Rewrite to discover Squintz’s most powerful mineral.

Hint: It’s written backwards!

1. Reppoc
2. Muisengam
3. Muiclac
4. Muissatop
5. Squintz is on the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ team.
6. Fruit
7. Seed
8. Legume
9. Vegetable
10. What does Squintz’s superpower help with?
    1. Blood Pressure
    2. Immunity
    3. Respiratory System
    4. Inflammation
11. What is the serving size on Squintz’s trading card?
12. 4 Lemons
13. 1 Cup
14. 1 Orange
15. ½ a Lemon
16. If you had half of Squintz’s size, how many calories would you have?
17. 52
18. 11
19. 31
20. 4
21. Fill in the blank to discover what continent(s) Squintz is from.
22. \_ U R \_ \_ E
23. \_F \_ I\_ A
24. A \_ \_ A
25. \_ O \_ T\_ A \_ \_R I \_ A
26. Solve the math equation in order to find Squintz’s correct energy.
27. 99 - 3
28. 11 x 6-4
29. 4 + 5
30. 56 ÷ 2

14. Which altered state does Tradeskool suggest to maximize Squintz’s flavor?

1. Added to Tacos
2. Juiced
3. Squeezed in Water
4. Tossed in A Fruit Salad
5. What is the main body part used in Squintz’s special move?
6. Full Body
7. Abs
8. Arms
9. Shoulders