

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_

1. Fill in the blank to find what kind of superfood Straint is.
2. G \_ A P E
3. C H \_ A S \_ E D
4. H E \_ P S E \_ D
5. D \_ N D I L \_ \_ N
6. What is Straint’s second most powerful vitamin?
7. Magnesium
8. Folate
9. Vitamin B6
10. Manganese
11. What vitamin has less power than the Straint’s second most powerful vitamin?
12. Vitamin E
13. Folate
14. Pantothenic Acid
15. Thiamin
16. Rewrite to uncover Straint’s most powerful vitamin.

Hint: It’s written backwards!

1. Nimaiht
2. 6B Nimativ
3. Nicain
4. Etalof
5. What is Straint’s second most powerful mineral?
6. Copper
7. Magnesium
8. Zinc
9. Calcium
10. Which Mineral is more powerful than Straint’s second most powerful mineral?
11. Iron
12. Potassium
13. Magnesium
14. Calcium
15. Rewrite to discover Straint’s third most powerful mineral.

Hint: It’s written backwards!

1. Reppoc
2. Esenagnam
3. Nori
4. Muissatop
5. Straint is on the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ team.
6. Fruit
7. Herb
8. Seed
9. Vegetable
10. What does Straint’s superpower help with?
    1. Weight Loss
    2. Pain
    3. Memory
    4. Heart Disease
11. What is the serving size on Straint’s trading card?
12. 3 Kernels
13. 1 Ounce
14. ½ Cup, Chopped
15. 1 Tbsp., Whole
16. If you had half of Straint’s size, how many calories would you have?
17. 81
18. 110
19. 82.5
20. 49
21. Fill in the blank to discover what continent Straint is from.
22. \_M\_R \_ I \_ A
23. E \_R\_ \_ E
24. A \_ I A
25. \_ O \_ T\_ A \_ \_R I \_ A
26. Solve the math equation in order to find Straint’s correct energy.
27. 137 + 1
28. 50 ÷ 5
29. 100 - 10
30. 81 x 2

14. Which altered state does Tradeskool suggest to maximize Straint’s flavor?

1. Sprinkled on Top of Vegetables
2. Hemp Hummus Pita Pocket
3. Added to Your Favorite Smoothie
4. Homemade Trail Mix
5. What is the main body part used in Straint’s special move?
6. Legs
7. Abs
8. Arms
9. Back