

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_

1. Fill in the blank to find what kind of superfood Tahin is.
2. \_ U R \_ E R \_ C
3. R \_ S E M \_ \_ Y
4. G \_ R B A \_ \_ O B\_ \_ N
5. B L \_ \_ K B\_AN
6. What is Tahin’s second most powerful vitamin?
7. Riboflavin
8. Thiamin
9. Vitamin B6
10. Manganese
11. What vitamin has less power than the Tahin’s second most powerful vitamin?
12. Vitamin B6
13. Folate
14. Thiamin
15. Vitamin K
16. Rewrite to uncover Tahin’s most powerful vitamin.

Hint: It’s written backwards!

1. Nivalfobir
2. 6B Nimativ
3. K Nimativ
4. Etalof
5. What is Tahin’s second most powerful mineral?
6. Potassium
7. Magnesium
8. Copper
9. Calcium
10. Which Mineral is more powerful than Tahin’s second most powerful mineral?
11. Phosphorus
12. Potassium
13. Copper
14. Manganese
15. Rewrite to discover Tahin’s third most powerful mineral.

Hint: It’s written backwards!

1. Reppoc
2. Esenagnam
3. Surohpsohp
4. Muissatop
5. Tahin is on the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ team.
6. Seed
7. Fruit
8. Herb
9. Legume
10. What does Tahin’s superpower help with?
	1. Blood Sugar
	2. Cholesterol
	3. Swelling
	4. Pain
11. What is the serving size on Tahin’s trading card?
12. 2 Beans
13. 1 Tsp., Ground
14. 1 Cup, Cooked
15. ¼ Ounce
16. If you had half of Tahin’s size, how many calories would you have?
17. 454
18. 14
19. 134.5
20. 227
21. Fill in the blank to discover what continent Tahin is from.
22. \_M\_R \_ I \_ A
23. E \_R\_ \_ E
24. A \_ I \_
25. A F \_ \_ A
26. Solve the math equation in order to find Tahin’s correct energy.
27. 258.5 + 10.5
28. 66 ÷ 6
29. 225.4 Rounded to the Nearest Whole Number
30. 225 x 1

 14. Which altered state does Tradeskool suggest to maximize Tahin’s flavor?

1. Marrakesh Vegetable Curry
2. Falafel Sandwich on Pita Bread
3. Sprinkled over Wedged Baked Potatoes
4. Mixed with Quinoa and Salsa
5. What is the main body part used in Tahin’s special move?
6. Back
7. Abs
8. Arms
9. Legs